More comprehensive first hand experience, a handbook or love punditry

WHAT LOVE IS: Love is a certain inborn suffering derived from the sight and EXCESSIVE MEDITATION before the love becomes EQUALLY BALANCED on both sides there is no torment greater – fear of unrequited love fear for both after being in love that it will be lost, or given to another FROM THE REFLECTION OF THE MIND UPON WHAT IT SEE DOES THIS SUFFERING COME. The more it is wanted, the more it BURNS. He cannot do anything fast enough to suit his eager mind. SUFFERING COMES FROM SEEING AND MEDITATING – AN EXCESSIVE MEDITATION WITHOUT RESTRAINED THOUGHT.

BETWEEN WHAT PERSONS LOVE MAY EXIST: LOVE CANNOT EXIST EXCEPT BETWEEN PERSONS OF OPPOSITE SEXES. NOT AT ALL FITTED FOR GIVING EACH OTHER THE EXCHANGES OF LOVE FOR PARACTING THE ACTS NATURAL TO IT. Whatever nature, forbids, love is ashamed to accept. ‘a true lover would rather be deprived of all his money and of everything that the human mind can imagine as indispensable to life rather than be without love. They do so many perils, despise death, fear no threats, scatter their wealth abroad and come to great poverty from free will. But a wise lover does not throw away wealth but plans his expenditures because in poverty ‘all joyousness leaves him, changes his manner, the things that cause love to increase begin to fail. LOVE IS ALWAYS DECREASING OR INCREASING. POVERTY HAS NOTHING WITH WHICH TO FEED ITS LOVE”

DON’T FOLLOW AVARICE, YOU SHOULD ‘BY ALL MEANS AVOID PRODIGALITY AND SHOULD EMBRACE GENEROUSITY.’

WHERE LOVE GETS ITS NAME: TO CAPTURE OR BE CAPTURED, HE WHO IS IN LOVE IS CAPTURED IN THE CHAINS OF DESIRE’ A MAN TRIES TO ATTACT WITH ALLUREMENTS, ALL HIS EFFORTS TO UNITE AND KEEP LOVE FOREVER

WHAT THE EFFECT OF LOVE IS: A TRUE LOVER CANNOT BE DEGRADED WITH ANY AVARICE. LOVE MAKES THE unseemly attractive, provides increases character, humility, generousity, virtues, teaches so many good traits of character “it adorns a man…with the virtue of chastity, for he will never thing of embracing another woman” -31

WHAT PERSONS ARE FIT FOR LOVE: “EVERYONE WHO IS OF SOUND MIND WHO IS CAPABLE OF DOING THE WORK OF VENUS MAY BE WOUNDED BY ONE OF LOVE’S ARROWS UNLESS PREVETED BY AGE, BLINDNESS, OR EXCESS OF PASSION.

AFTER 60 FOR MEN, 50 FOR WOMEN, LOVE CANNOT DEVELOP EVEN IF PASSION EXISTS. “THE NATURAL HEAT BEGINS TO LOSE ITS FORCE” “THE NATURAL MOISTURE IS GREATLY INCREASED….LEADS A MAN INTO VARIOUS DIFFICULTIES..AND VARIOUS AILMENTS.”

A GIRL UNDER 12 AND A BOY BEFORE 14 CANNOT SERVE IN LOVE’S ARMY AND “I SAY AND INSIST THAT BEFORE HIS EIGHTEENTH YEAR A MAN CANNOT BE A TRUE LOVER” BECAUSE HE IS OVERCOME BY EMBARRASSMENT OVER ANY LITTLE THING, WHICH CAN DESTROY THE ‘PERFECTING OF LOVE’ EVEN IF IT IS WELL PERFECTED. AND more importantly he cannot think about the mysteries of love’s realm. A blind man cannot see anything upon which he can reflect immoderately, so love cannot arise… unless he was blinded after he acquired love

Excess of passion is a bar to love, men who lust after every woman they see, are unsatiated, they are like asses or shameless dogs, moved only by that low NATURE that shows them to be on the level of animals rather than by THAT TRUE NATURE which sets us apart…by the difference of reason.”

IN WHAT MANNER LOVE MAY BE ACQUIRED AND IN HOW MANY WAYS: TEACHING OF SOME THAT THERE ARE FIVE MEANS: A BEAUTIFUL FIGURE, EXCELLANCE OF CHARACTER, EXTREME READINESS OF SPEECH, GREAT WEALTH, AND THE READINESS WITH WHICH ONE GRANTS THAT WHICH IS SOUTGH. I BELIEVE ONLY THE FIRST THREE…THE OTHERS SHOULD BE BANNED FROM LOVE’S COURT OTHER’S LESS CREDIBLE ARE GOOD LOOKS OF MAN OR WOMAN THAT DRIVE THOSE WHOSE MINDS ARE INFLAMED BY LOVE TO ENTER MARRIAGE TO CARRY OUT THEIR DESIRES, THE LOVE OF PROPERTY OR RICHES,

A BEAUTIFUL FIGURE WINS LOVE EASILY, ESPECIALLY WHEN THE LOVER IS SIMPLE BECAUSE A SIMPLE LOVER THINKS THERE IS NOTHING ELSE TO LOOK FOR, I DON’T BLAME THE LOVE OF THESE, BUT I DON’T APPROVE EITHER BECAUSE LOVE BETWEEN THE UNCAUTIOUS AND UNSKILLED CANNOT LONG BE CONCEALED, FROM THE FIRST IT FAILS TO INCREASE -34 A WISE WOMAN WILL SEEK AS A LOVER A MAN OF PRAISEWORTHY CHARACTER – NOT ONE WHO IS VEIN AND OVERLY CONCERNED WITH HIS LOOKS OR IS EFFEMINATE. OR THE EMPTY BEAUTY OF WOMEN CITES THE ‘ADMIRABLE OVID”

THE SAME GOES FOR WOMEN, “YOU SHOULD NOT SEEK FOR BEAUTY SO MUCH AS EXCELLENCE OF CHARACTER” GOOD CHARACTER DRAWS THE LOVE OF ANOTHER PERSON OF THE SAME KIND BE HONORABLE AND PRUDENT ‘beauty never pleases if it lacks goodness” -35 ‘excellance of character alone which blesses a man with true nobility”, this is the first thing that showed a distinction of nobility among men’ ‘character alone, then, is worthy of the crown of love” fluency of speck or elaborate line of talk can only create a presumption in favor of good character , but not enuff

No one is better born than another, except in so far as his disposition is nobler and better suited for good actions. -35

HOW LOVE CAN BE RETAINED / KEPT: KEEP LOVE HIDDEN FROM EVERYONE, WHEN OTHERS KNOW IT “CEASES TO DEVELOP NATURALLY” EVEN LOSES PROGRESS. BE WISE, RESTRAINED IN CONDUCT, DO NOTHING DISAGREEABLE SYMPATHIZE WITH TGROUBLES, PREPARE TO AGREE, ASK HER TO RECONSIDER BUT AGREE, STRAIGHTAWAY CONFESS TO ANYTHING IMPROPER, SPARE PRAISE OF LOVER AMONG OTHER MEN, NOT TALK OF HER OFTEN OR SPEND MUCH TIME WHERE SHE IS, AVOID PUBLIC CONTACT, TREAT HER ALMOST AS A STANGER TO AVOID GOSSIP

WEAR WHAT SHE LLIKES, KEEP ONLY REASONALBE ATTENTION TO APPEARANCE, GIVE GIFTS, ‘NOTHING IS MORE PRAISEWORTHY IN A LOVER THAN TO BE KNOWN TO BE GENEROUS

MAKE YOUR COURAGEOUS KNOWN TO EVERYONE, DO NOT BE TIMID IN CONFLICTS, ROOT OUT PRIDE BE HUMBLE, OFFER SERVICES AND OBEDIENCE FREELY TO EVERY LADY, ACT TOWARDS ALL THIS WAY SO THAT “NO ONE MAY BE SORRY TO CALL TO MIND HIS GOOD DEEDS….OR CENSURE ANYTHING HE HAS DONE” -152

‘GENERAL RULE THAT LOVERS MUST NOT NEGLECT ANYTHING THAT GOOD MANNERS DEMAND OR GOOD BREEDING SUGGESTS” BE IN THE COMPANY OF GOOD MEN, AVOID THE “SOCIEITY OF THE WICKED” STRIVE TO PRACTICE GRACEFULLY PLEASE YOUR LOVER WITH THINGS SHE FINDS PLEASING INDULGE IN THE SOLACES OF THE FLESH, BUT IN SUCH MANNER AND IN SUCH NUMBER THAT MAY NEVER SEEM WEARISOME TO THE LOVED ONE – 152

MANY OTHER THINGS,,,,, YOU CAN DISCOVER FOR YOURSELF. HOW LOVE MAY BE INCREASED:

SEE EACH OTHER RARELY AND WITH DIFFICULTUY, SHOWING ANGER INCERASES, SO DOES JEAOULSY CALLED “THE NURSE OF LOVE” EVEN IF ANOTHER ENJOYS EMBREACES, YOU VALUE HER SOLACES EVEN MORE….MORE AFFECTION, SO DOES BEING APART, SUFFERING LECTURES BEATINGS FROM PARENTS, THE SIGHT OF HER EYES IN PRIVATE, EAGER ACCEPTANCE OF A DEMAND FOR ACTS OF LOVE, WAY OF WALKING, SAYING PRETTY THINGS, PLEASURABLE SPEAKING

WAYS LOVE MAY BE DECREASED: TOO MUCH TIME FOR SOLACES, SEEING THE LOVED ONE, TOO MUCH CHANCE TO TALKE, UNCULTURED APPEARCE OR MANNER OF WALKING, LOSS OF PROPERTY – TOO DISTRACTING ‘CAN GIVE NO HEED TO THE IMPULSES OF LOVE’ DISCOVERING ANY INFAMY, HEARING OF AVARAICE, BAD CHARACTGER, OR UNWORTHINESS, AFFAIRS, BEING FOOLISH AND INDISCREET, NO REGARD FOR HER MODESTY, OR MAKING FUN OF HER, NOT GO BEYEOND REASONABLE BOUND IN HIS DEMANDS FOR LOVE, CONSIDERING ONLY YOUR PASSIONS, COWARDICE, UNRESTRAINED SPEECH, VICE, ARROGANCE, BLASPHEMY AGAINSGT GOD OR HIS SAINTS, MOCKERY OF THE CEREMONIES OF THE CHURCH, NOT BEING CHARITABLE TO THE POOR, BEING UNFAITHUL TO A FRIEND, SAYING ONE THING WHILE CONCEALING A DIFFERENT IDEA IN THE HEART, TOO MUCH WEALTH THAN IS PROPER, TOO READY TO GO TO LAW OVER TRIFLES,

HOW LOVE MAY COME TO AN END: BREAKING OR TRYING TO BREAK FAITH WITH THE OTHER, OR THE CATHOLIC CHURCH. NOT HELPING FINANCIALLY THE OTHER. DECEIT, LOVE FOR ANOTHER, “NO ONE CAN LOVE TWO PEOPLE AT THE SAME TIME” -156 INEQUALITY OF LOVE, FRAUDULENT AND DECEITFUL DUPLICITY. DRIVE OUT OF LOVES’ COURT

Love seeks for two person who are bound together by a mutual trust and an identity of desires” -156

“if the parties concerned marry, love is violenty put to flight, as is clearly shown by the teaching of certain lovers”

Becoming incapable of carrying out love’s duties, insane, sudden timididy, LOVE may be restored if it failed due to ignorance, but “we know of no case where it grows out of some misdeed or some defect in his NATURE” BUT THEY WOULD LIKELY NOT HAVE PERFECT CONFIDENCE IN EACH OTHER.

INDICATIONS THAT ONE’S LOVE IS RETURNED: “NOTHING IS MORE NECESSARY TO LOVERS THAN TO KNOW BEYOND A DOUBT HOW THE PEOPLE THEY FEEL TOWARDS THEM” MANY WAYS TO FIND OUT OR TO TEST

MISSING OPPS TO SEE YOU, FALSE OBSTACLES, HALF-HEARTED ABOUT SOLACES, KEEPS OUT OF YOUR SIGHT MORE, HIDE FROM YOUR MESSENGER, SOLACES MORE WEARISOME, FINDS MORE FAULT, DEMANDS NEW THINGS, TALKS ABOUT YOU OR COMPARES YOU, OR ASKS ABOUT ANOTHER MAN, HOWEVER A “WOMAN WHO TURNS PALE IN THE PRESENCE OF HER LOVER IS WITHOUT A DOUBT REALLY IN LOVE” TEST HER BY BEING CLOSE TO ANOTHER WOMAN, PRETEND YOU DESIRE, RAISE JELOUSY, FROM TIME TO TIME BE ANGRY, “FOR A TRUE LOVER IS ALWAYS IN FEAR AND TREMBLING LEST THE ANGER OF HIS BELOVED LAST FOREVER. THESE QUARRELS WILL NOT WEAKEN AFFECTION. IT IS ONLY “CLEARING AWAY THE RUST”

ONE OF THE LOVERS IS UNFAITHFUL: IF A MAN, HE RENDERS HIMSELF WHOLLY UNWORTHY OF HIS FORMER LOVE, ‘taught by the natural and universal tradition of love that no one can be bound by a twofold love” the woman should forbid him the house and treat him like a perfect stranger,it is a great blot on a woman’s character if she has anything more to do with a lover who has engaged in a new love, a man deserves no mercy if he forgets honors of this kind and is lacking in gratitude. Women should avoid them, test their jealousy , take great care not to bind themselves to lovers of this kind, they will not get joy and will suffer troubles and griefs -161 THE WOMAN BEFORE SHE GRANTS LOVE SHE SHOULD MAKE EVERY EFFORT TO FIIND OUT THE CHARACTER AND THE GOOD FATIH OF THE MAN WHO IS ASKING SO THERE IS NOTHING SHE DOES NOT KNOW ABOUT HIM. THE MAN WILL DO ANYTHING, SAY ANYTHING, THEN MOVE ON

IF A MAN BY CHANCE AND NOT LOVE IS DRIVEN BY VENUS TO A LITTLE STRUMPET OR SERVANT GIRL. SHOULD HE LOSE HIS REAL LOVE, HE SHOULD NOT BE CONDEMEND FOR THIS UNLESS “HE INDULGES IN SO MANY EXCESSES”

GETTING PERMISSION DOESN’T WORK EITHER, DON’T DO IT. BUT IF HE IS NOT SUCCESSFUL, THEN HE CANNOT BE DENIED SOLACES CUZ BOTH ARE AT FAULT, AND ‘ONE MISDEED MAY BALANCE ANOTHER’

IF A WOMAN STRAYS, ‘GOD FORBID THAT WE SHOULD EVER DECLARE THAT A WOMAN WHO IS NOT ASHAMED TO WANTON WITH TWO MEN SHOULD GO UNPUNISHED.’ OK FOR MEN CUZ IT’S TOLERATED AND COMMON DUE TO MEN HAVING A PRIVELEGE BY WHICH ALL THINGS IN THIS WORLD WHICH ARE BY THEIR NATURE IMMODEST ARE MORE READILY ALLOWED TO MEN, BUT FOR WOMEN, BECAUSE OF THE DECENCY OF THE MODEST SEX, CONSIDERED SO DISGRACEFUL THAT EVERY BODY LOOKS UPON HER AS AN UNCLEAN STRUMPET UNFIT TO ASSCOCIATE WITH LADIES. IF SHE GOES BACK, IT IS A DISGRACE TO HIM, AND SHE NO LONGER HAS ANY LOVE FOR HIM. EVEN KISSING OR AN EMBRACE FOR WOMEN IS SHAMEFUL, SHE SHOULD BE SCOLDED, THEY ARE SIGNS OF LOVE GIVEN TO MEN AS A SIGN THAT LOVE IS TO FOLLOW. “I SOUGHT ADVICE, I GOT THE ANSWER THAT A TRUE LOVER CAN NEVER DESIRE A NEW LOVE UNLESS HE KNOWS THAT THE OLD LOVE IS DEAD. ‘THIS RULE IS VERY TRUE’

NO ONE CAN FEEL AFFECTION FOR TWO WOMEN IN THIS FASHION. FOR ALTHOUGH PURE LOVE AND MIXED LOVE MAY SEEM TO BE DIFFERENT THINGS, BUT THEY COME FROM THE SAME FEELING IN THE HEART. A WOMAN SINS AGAINST THE PRECEPTS OFLOVE IF SHE PERSUADES ANOTHER TAKEN WOMEN TO LOVE ANOTHER.

IF MAN OR WOMAN PICK THE WRONG LOVER, NOT WORTHY, THEY SHOULD DEVOTE ALL THEIR EFFORTS TO IMPROVIING HIS CHARACTER AND DRAWING HIM AWAY FROM HIS EVIL PRACTICES. -165 BUT IF IT DOESN’T WORK, LEAVE FOREVER.

ALL LOVERS ARE BOUND, WHEN PRACTICING LOVE’S SOLACES, TO BE MUTUALLY OBEDIENT TO EACH OTHER’S DESIRES